

**Teacher / Library Media Specialist Points of Collaboration**  
Leatherstocking Library Information Literacy Skills Scope and Sequence

<b>Curriculum Area: Health, Physical Education, Family and Consumer Sciences - Intermediate</b>	<b>Library/Information Skill Learner Outcome</b>	<b>Collaborative Lesson Ideas with Library Media Specialist</b>
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**Standard 1: Personal Health and Fitness**

*Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health..*

<b>Standard 1 – Personal Health and Fitness</b>		
<ul style="list-style-type: none"> <li>• integrate knowledge of basic body systems with an understanding of the changes that accompany puberty</li> </ul>	15 – Locate books on the shelves by using the call numbers 16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 18 – Use the card/electronic catalog to locate materials by title, author, subject, and/or series 23 - Use pre-selected / bookmarked sites on the Internet.	LMS will provide resources in developing a workshop such as “Our Growing Bodies”
<ul style="list-style-type: none"> <li>• apply prevention and risk reduction strategies to adolescent health problems</li> </ul>	15 – Locate books on the shelves by using the call numbers 16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 18 – Use the card/electronic catalog to locate materials by title, author, subject, and/or series 23 - Use pre-selected / bookmarked sites on the Internet.	LMS will provide resources on pregnancy and prevention
<ul style="list-style-type: none"> <li>• demonstrate the necessary knowledge and skills to promote healthy adolescent development</li> </ul>	16 – Locate and use magazines in the library 23 - Use pre-selected / bookmarked sites on the Internet. 28 - Use primary and secondary and tertiary information sources to enhance research. 33 - Search appropriate commercial electronic and online resources to access information.	Under the direction of the LMS, students will compare the nutritional value of junk foods like McDonald’s versus Subway

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<ul style="list-style-type: none"> <li>analyze the multiple influences which affect health decisions and behaviors</li> </ul>	15 – Locate books on the shelves by using the call numbers 16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 18 – Use the card/electronic catalog to locate materials by title, author, subject, and/or series 23 - Use pre-selected / bookmarked sites on the Internet.  28 - Use primary and secondary and tertiary information sources to enhance research. 33 - Search appropriate commercial electronic and online resources to access information.	LMS will provide resources on eating disorders and how they affect one’s health
<b>1.1 Physical Education:</b>  <ul style="list-style-type: none"> <li>demonstrate competency in a variety of physical activities (games, sports, exercises) that provide conditioning for each fitness area</li> </ul>	15 – Locate books on the shelves by using the call numbers 16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 18 – Use the card/electronic catalog to locate materials by title, author, subject, and/or series 23 - Use pre-selected / bookmarked sites on the Internet.  25 - Be able to take simple notes. 28 - Use primary and secondary and tertiary information sources to enhance research. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information.	LMS will provide how-to videos on different exercises
<ul style="list-style-type: none"> <li>combine and integrate fundamental skills and adjust technique based on feedback, including self-assessment</li> </ul>	2 - Know and follow the library rules and procedures  4 - Know how to borrow and care for library materials. 5 – Display effective listening and viewing skills.  7 - Develop retelling skills.	LMS will teach students how to use the digital camera and camcorder so that techniques practiced can be viewed and assessed

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<ul style="list-style-type: none"> <li>understand the relationship between physical activity and the prevention of illness, disease, and premature death</li> </ul>	15 – Locate books on the shelves by using the call numbers 16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 23 - Use pre-selected / bookmarked sites on the Internet. 25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information.	LMS will help students find magazine articles and news reports about hazards to one’s health
<ul style="list-style-type: none"> <li>develop and implement a personal fitness plan based on self-assessment and goal setting, understand physiological changes that result from training, and understand the health benefits of regular participation in activity</li> </ul>	15 – Locate books on the shelves by using the call numbers 16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 23 - Use pre-selected / bookmarked sites on the Internet. 25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information.	LMS will help students find resources on child development, normal growth changes, and how physical activity can enhance this
<ul style="list-style-type: none"> <li>develop leadership, problem solving, cooperation, and team work by participating in group activities.</li> </ul>	1 - Exhibit proper library media center behavior. 2 - Know and follow the library rules and procedures. 5 – Display effective listening and viewing skills. 7 - Develop retelling skills.	LMS will work with a teacher to plan a lesson involving a real-life problem for students to solve

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<p><b>1.1 Family and Consumer Sciences:</b></p> <ul style="list-style-type: none"> <li>• understand the relationships among diet, health, and physical activities; evaluate their own eating patterns; and use appropriate technology and resources to make food selections and prepare simple, nutritious meals</li> </ul>	<p>15 – Locate books on the shelves by using the call numbers</p> <p>16 – Locate and use magazines in the library</p> <p>17 - Use the card/electronic catalog to locate materials on particular subjects.</p> <p>23 - Use pre-selected / bookmarked sites on the Internet.</p> <p>33 - Search appropriate commercial electronic and online resources to access information.</p>	<p>LMS will assist students in finding nutritious recipes and menus in books and on the Internet</p>
<ul style="list-style-type: none"> <li>• apply principles of food safety and sanitation</li> </ul>	<p>23 - Use pre-selected / bookmarked sites on the Internet.</p> <p>33 - Search appropriate commercial electronic and online resources to access information.</p>	<p>LMS will design a research project in which students study the importance of refrigerating foods to avoid salmonella poisoning</p>
<ul style="list-style-type: none"> <li>• recognize the mental, social, and emotional aspects of good health</li> </ul>	<p>16 – Locate and use magazines in the library</p> <p>17 - Use the card/electronic catalog to locate materials on particular subjects.</p> <p>23 - Use pre-selected / bookmarked sites on the Internet.</p> <p>33 - Search appropriate commercial electronic and online resources to access information.</p>	<p>LMS will find resources on body –image and how nutrition affects it</p>
<ul style="list-style-type: none"> <li>• apply decision making process to dilemmas related to personal health</li> </ul>	<p>15 – Locate books on the shelves by using the call numbers</p> <p>17 - Use the card/electronic catalog to locate materials on particular subjects.</p> <p>23 - Use pre-selected / bookmarked sites on the Internet.</p> <p>25 - Be able to take simple notes.</p> <p>29 - Paraphrase information to avoid plagiarism.</p> <p>33 - Search appropriate commercial electronic and online resources to access information.</p>	<p>LMS will survey students anonymously to determine what health problems students may have, like diabetes; students may then research conditions relevant to their lives and learn about health habits that can harm and benefit them</p>

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**Standard 2: A Safe and Healthy Environment**

*Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.*

<p><b>2.1 Health Education:</b></p> <ul style="list-style-type: none"> <li>• assess potentially dangerous situations and demonstrate the skills to avoid or reduce their risks</li> </ul>	<p>16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 23 - Use pre-selected / bookmarked sites on the Internet.  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information.</p>	<p>LMS will gather information on how peer pressure, family history, and media affect one’s decision making and provide information on how students can combat such influences</p>
<ul style="list-style-type: none"> <li>• demonstrate personal and social skills which enhance personal health and safety</li> </ul>	<p>16 – Locate and use magazines in the library 17 - Use the card/electronic catalog to locate materials on particular subjects. 23 - Use pre-selected / bookmarked sites on the Internet.  33 - Search appropriate commercial electronic and online resources to access information.</p>	<p>LMS will find books and articles that build students’ self-esteem; LMS will contact local service providers such as Catholic Charities to conduct self-esteem programs</p>
<ul style="list-style-type: none"> <li>• understand the need for personal involvement in improving the environment</li> </ul>	<p>25 - Be able to take simple notes. 33 - Search appropriate commercial electronic and online resources to access information.</p>	<p>LMS will arrange for students to get involved in a volunteer organization such as Green Peace</p>
<p><b>2.1 Physical Education:</b></p> <ul style="list-style-type: none"> <li>• understand the risks of injury if physical activity is performed incorrectly or performed in extreme environmental conditions, and recognize the importance of safe physical conditions (equipment, facilities) as well as the emotional conditions essential for safety</li> </ul>	<p>23 - Use pre-selected / bookmarked sites on the Internet.  25 - Be able to take simple notes.</p>	<p>LMS will arrange for a physical therapist to talk to students about exercises and practices that should be avoided</p>
<ul style="list-style-type: none"> <li>• develop skills of cooperation and collaboration, as well as fairness, sportsmanship, and respect for others</li> </ul>	<p>1 - Exhibit proper library media center behavior. 2 - Know and follow the library rules and procedures. 5 – Display effective listening and viewing skills. 23 - Use pre-selected / bookmarked sites on the Internet.</p>	<p>LMS will design a project with the teacher for students to work together and problem-solve</p>

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<ul style="list-style-type: none"> <li>work constructively with others to accomplish a goal in a group activity, demonstrating consideration for others involved</li> </ul>	<ul style="list-style-type: none"> <li>1 - Exhibit proper library media center behavior.</li> <li>2 - Know and follow the library rules and procedures.</li> <li>5 – Display effective listening and viewing skills.</li> </ul>	<p>LMS will work with teacher to role-play proper and improper group behavior; students may also learn to videotape themselves and analyze the behaviors that they</p>
<ul style="list-style-type: none"> <li>understand the physical and environmental dangers associated with particular activities and demonstrate proper procedures for safe participation in games, sports, and recreational pursuits</li> </ul>	<ul style="list-style-type: none"> <li>16 – Locate and use magazines in the library</li> <li>17 - Use the card/electronic catalog to locate materials on particular subjects.</li> <li>21 - Identify and use electronic resources in school and from remote locations, such as home.</li> <li>23 - Use pre-selected / bookmarked sites on the Internet.</li> <li>33 - Search appropriate commercial electronic and online resources to access information.</li> <li>39 - Use a search strategy to access and retrieve information.</li> <li>40 - Analyze and synthesize the information.</li> </ul>	<p>LMS will brainstorm with students different activities that they are involved in which affect themselves and the environment; one example is smoking which impacts one’s lungs and can be a fire hazard</p>
<ul style="list-style-type: none"> <li>understand the role of physical activity, sport, and games as a balance between cooperative and competitive behaviors and as a possible arena in which to develop and sharpen leadership and problem solving skills, and understand the physical, emotional, and social benefits of participation in physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>15 - Locate books on the shelves by using the call numbers. Recognize that there are special collections, such as Reference, 920, 921, etc.</li> <li>19 - Locate and use the collective and individual biography sections.</li> <li>21 - Identify and use electronic resources in school and from remote locations, such as home.</li> <li>23 - Use pre-selected / bookmarked sites on the Internet.</li> <li>33 - Search appropriate commercial electronic and online resources to access information.</li> <li>38 - Use appropriate search engines, meta-search engines, and directories to access information on the Internet.</li> <li>39 - Use a search strategy to access and retrieve information.</li> <li>40 - Analyze and synthesize the information.</li> </ul>	<p>LMS will find biographies on prominent individuals who were involved in sports and research how their athletic training/activities have impacted leadership roles that they are involved in (Example: Arnold Schwarzeneger or Shaquille O’Neill)</p>

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<p><b>2.1 Family and Consumer Sciences</b></p> <ul style="list-style-type: none"> <li>• demonstrate the principles of safe and healthy child care</li> </ul>	<p>5 – Display effective listening and viewing skills. 25 - Be able to take simple notes.</p>	<p>LMS will arrange to have a state trooper discuss importance of seat belts and research state law requirements involving car seats and seatbelts in front and back seats</p>
<ul style="list-style-type: none"> <li>• know the basics of managing a safe and healthy home</li> </ul>	<p>23 - Use pre-selected / bookmarked sites on the Internet. 25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information. 36 - Use magazine indices to retrieve articles for pleasure and information (print/non-print) 38 - Use appropriate search engines, meta-search engines, and directories to access information on the Internet.</p>	<p>LMS will provide resources on fire extinguisher use; students will research online sources and listen to a fire fighter's presentation</p>
<ul style="list-style-type: none"> <li>• use age-appropriate techniques to select and maintain clothing.</li> </ul>	<p>14 - identify the reference section is in the library. 15 - Locate books on the shelves by using the call numbers. Recognize that there are special collections, such as Reference, 920, 921, etc. 17 - Use the card/electronic catalog to locate materials on particular subjects.</p>	<p>LMS will work with students in analyzing current fashion trends and determine what is inappropriate</p>

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**Standard 3: Resource Management**

*Students will understand and be able to manage their personal and community resources.*

<p><b>3.1 Health Education:</b></p> <ul style="list-style-type: none"> <li>distinguish between valid and invalid health information, products and services</li> </ul>	<p>17 - Use the card/electronic catalog to locate materials on particular subjects 23 - Use pre-selected / bookmarked sites on the Internet</p>	<p>LMS will teach students about misinformation and the difference between information in personal vs. authoritative websites; students will also learn about opinions vs. reputable health resources</p>
<ul style="list-style-type: none"> <li>recognize how cultural beliefs influence health behaviors and the use of health services</li> </ul>	<p>17 - Use the card/electronic catalog to locate materials on particular subjects 23 - Use pre-selected / bookmarked sites on the Internet</p> <p>25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information. 36 - Use magazine indices to retrieve articles for pleasure and information (print/non-print) 38 - Use appropriate search engines, meta-search engines, and directories to access information on the Internet</p>	<p>LMS will assist students in comparing and researching eating habits/hygiene in different cultures (e.g. Scottish delicacy of eating sheep's stomach, haggis)</p>
<ul style="list-style-type: none"> <li>demonstrate the ability to work cooperatively when advocating for healthy individuals, families and schools</li> </ul>	<p>17 - Use the card/electronic catalog to locate materials on particular subjects 23 - Use pre-selected / bookmarked sites on the Internet</p> <p>25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information. 36 - Use magazine indices to retrieve articles for pleasure and information (print/non-print) 38 - Use appropriate search engines, meta-search engines, and directories to access information on the Internet</p>	<p>LMS will assist teacher in forming debates involving vegetarianism vs. meat eating diet exploring the pros and cons of each</p>

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<ul style="list-style-type: none"> <li>analyze how media and technology influence the selection of health information, products and services</li> </ul>	17 - Use the card/electronic catalog to locate materials on particular subjects 23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information. 36 - Use magazine indices to retrieve articles for pleasure and information (print/non-print) 38 - Use appropriate search engines, meta-search engines, and directories to access information on the Internet	LMS will work with students as they explore the cultural problem of girls struggling to be thin; research will involve analyzing media resources such as magazines, newspapers, television commercials and programs
<ul style="list-style-type: none"> <li>demonstrate the ability to access community health services for prevention, illness, and emergency care</li> </ul>	5 – Display effective listening and viewing skills.  25 - Be able to take simple notes.	LMS will contact EMTs and professionals from family health organizations to talk to students in an effort to familiarize students with services they provide
<b>3.1 Physical Education:</b> <ul style="list-style-type: none"> <li>should be informed consumers, aware of the alternatives available to them within their communities for physical activity and should be able to evaluate facilities and programs available</li> </ul>	5 – Display effective listening and viewing skills. 23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 33 - Search appropriate commercial electronic and online resources to access information. 36 - Use magazine indices to retrieve articles for pleasure and information (print/non-print) 38 - Use appropriate search engines, meta-search engines, and directories to access information on the Internet	LMS will provide information on various community programs offered on self-defense, yoga, and dance or services provided by YMCA or YWCA

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<ul style="list-style-type: none"> <li>• demonstrate the ability to locate physical activity information, products, and services</li> </ul>	16 – Locate and use magazines in the library 23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism. 36 - Use magazine indices to retrieve articles for pleasure and information (print/non-print)	LMS will work with students in using newspapers, magazines, and electronic resources to gather information on products and services for physical activity
<ul style="list-style-type: none"> <li>• know some career options in the field of physical fitness and sports.</li> </ul>	14 – Identify the reference section is in the library. 15 - Locate books on the shelves by using the call numbers. Recognize that there are special collections, such as Reference, 920, 921, etc. 17 - Use the card/electronic catalog to locate materials on particular subjects. 23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism.	LMS will work with a teacher to plan a research project in which students are investigating various careers (physical education teacher, physical therapist, dance instructor, sports trainer)
<b>3.1 Family and Consumer Sciences:</b>  <ul style="list-style-type: none"> <li>• understand how the family can provide for the economic, physical, and emotional needs of its members</li> </ul>	23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes.  29 - Paraphrase information to avoid plagiarism.	LMS will help students research philanthropic efforts on behalf of citizens in the aftermath of 9/11 and how families have benefited
<ul style="list-style-type: none"> <li>• understand the resources available to them, make informed decisions about the use of those resources, and know some ways to expand resources</li> </ul>	3 - Be familiar with the layout and organization of the library. 21 - Identify and use electronic resources in school and from remote locations, such as home.	LMS will conduct orientation lessons of the school library and arrange a field trip to a local public library
<ul style="list-style-type: none"> <li>• are able to budget their time and money</li> </ul>	23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism.	LMS will provide print and electronic resources that provide tips and best ways to budget one’s money

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<ul style="list-style-type: none"> <li>• understand how working contributes to a quality living environment</li> </ul>	15 - Locate books on the shelves by using the call numbers. Recognize that there are special collections, such as Reference, 920, 921, etc. 17 - Use the card/electronic catalog to locate materials on particular subjects. 23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism.	LMS will help students write interview questions in order to approach a number of middle class workers and rate the quality of their living environments based on agreed upon criteria
<ul style="list-style-type: none"> <li>• identify their own abilities and interests as possible guides to career choice</li> </ul>	14 – Identify the reference section is in the library. 15 - Locate books on the shelves by using the call numbers. Recognize that there are special collections, such as Reference, 920, 921, etc. 17 - Use the card/electronic catalog to locate materials on particular subjects. 23 - Use pre-selected / bookmarked sites on the Internet  25 - Be able to take simple notes. 29 - Paraphrase information to avoid plagiarism.	LMS will assist teacher in surveying students to help them research careers of interest